

Dr Chris Lowry

I am a fully registered doctor, undergoing General Practice training in Lincolnshire. This year, I have been focused on working in South Africa, and have attended an intensive course in Developing Health.



Work

GP Registrar ST1 & ST2

Boston Training Deanery: August 2012 – July 2014

Beginning my training as a General Practitioner has been exciting and varied, good preparation for the future. I've worked in two further GP practices, alongside Palliative Care, Obstetrics & Gynaecology, Orthopaedics and General Medicine. This winter I also passed the AKT GP exam on my first attempt.

Foundation Year 1 & 2

Chesterfield & Sheffield Teaching Hospitals August 2010 – July 2012

My first two years of training, whilst a steep learning curve, were an excellent cornerstone for my ongoing training. I completed placements in Cardiology, General Surgery, Psychiatry, A&E, Critical Care & GP.

South Africa

Harrismith, Free State: Multiple trips between 2005 and 2012

I have made 7 trips to South Africa, working in both a medical and non-medical context. I run a UK Charity called Names Not Numbers, that supports a SA orphanage. I've also had an elective, and period of post-graduate work, at Thebe Hospital.

Accomplishments

Publications

"Corticosteroids and ulcers: what's the evidence?"

C Lowry – MedRevise Journal 2011:1

Do It Right: Which Direction Should I Wipe?

LifeHacker – <http://lifelifehacker.com/5805108/>

Experiences of South African and UK healthcare.

Soon to be published in the South African Journal of Medicine.

Online

MedRevise.co.uk: whilst at medical school, I started what is now the largest medical revision wiki in the world.

LifeHacker.com: I have been one of the contributing medical experts for this large personal productivity website.

Education

MRCGP Part 1

AKT January 2014
(95% on statistics section)

Degree 2010

MBChB Medicine
Sheffield University

A Levels 2004

A Physics
A Maths
B Biology
B Chemistry

Contact

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Essays

British Pharmacology Institute Prize. My essay on efficacy of Omega-3 drugs, for secondary prevention post MI, won a national prize, with a £500 reward.

I have also conducted a focus group, written up as **"An exploration of developing responsibility for Student Nurses and Student Doctors"**.